



Everyone has the ability to perform Reiki healing and anyone can learn it.

It is ideal for children because in the process of learning Reiki, they learn about their bodies, their inner spirit, their personal power and their connection to the universal life force, which is universal love.

In her book on Essential Reiki, Dianne Stein talks about an ancient time on Earth, during the Lemurian civilization, when all educators were Reiki Masters and children learned Reiki as part of the regular curriculum. We need a world where school children treat each other compassionately and are not afraid to treat each other with love and respect. I hold the vision that we are heading back to a time on Earth when healing will be a natural, normal occurrence in the everyday life of a child. Children will be able to release traumas and hurts before they build up in the auric field and attract more pain.

Reiki Basics for Kids was created to provide information for children interested in learning about Reiki, and for their parents in hopes that they offer encouragement and support on their child's journey.

At our Reiki Basics Workshops the kids will experience:

- Feeling the energy
- Attunement to energy key
- The Reiki Story, History and Principles
- Self - Healing positions and methods
- Chakra's

- How to see an Aura
- Using the energy

