



Hospitals are undergoing major changes. They are experiencing a need to reduce costs and at the same time improve patient care. Under the old medical model based on expensive medication and technology this posed an unsolvable dilemma. Not so with Reiki and other complementary modalities. Reiki requires no technology at all and many of its practitioners offer their services for free. Reiki is therefore a very good way to improve care while cutting costs.

An article in the Marin Independent Journal follows Motz's work at the Marin General Hospital in Marin County, California, just north of San Francisco. There Motz has used subtle energy healing techniques with patients in the operating room. She makes a point of communicating caring feelings and positive thoughts to the patients, and has been given grants to work with mastectomy patients in particular. Julie Motz, a Reiki trained healer has worked with Dr. Mehmet Oz, a noted cardiothoracic surgeon at Columbia Presbyterian Medical Center in New York. Motz uses Reiki and other subtle energy techniques to balance the patients' energy during operations. She has assisted Dr. Oz in the operating room during open heart surgeries and heart transplants. Motz reports that none of the 11 heart patients so treated experienced the usual postoperative depression, the bypass patients had no postoperative pain or leg weakness; and the transplant patients experienced no organ rejection.

Dr. David Guillion, an oncologist at Marin General, has stated "I feel we need to do whatever is in our power to help the patient. We provide state of the art medicine in our office, but healing is a multidimensional process. . . . I endorse the idea that there is a potential healing that can take place utilizing energy."